

**LUCAS OIL AMA PRO MOTOCROSS CHAMPIONSHIP**  
**ROCKSTAR ENERGY SPRING CREEK NATIONAL**  
**SPRING CREEK MOTOCROSS - MILLVILLE, MN**  
**ROUND 7 OF 12 - JULY 17, 2010**



**WMX**

**INDIVIDUAL TIMES - WMX PRACTICE 1**

**1** Ashley Fiolek  
Honda CRF250R

| LAP   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
|-------|--------|--------|----------|----------|
| 1     | -      | -      | -        | -        |
| 2     | 21.935 | 30.256 | 1:37.318 | 2:29.508 |
| 3     | 22.249 | 38.549 | 1:43.366 | 2:44.164 |
| 4     | 22.046 | 30.380 | 1:31.246 | 2:23.673 |
| 5     | 27.271 | 35.967 | 1:42.384 | 2:45.622 |
| AVG   | 22.077 | 32.201 | 1:38.578 | 2:35.742 |
| IDEAL | 21.935 | 30.256 | 1:31.246 | 2:23.437 |

**2** Jessica Patterson  
Yamaha YZ 250F

| LAP   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
|-------|--------|--------|----------|----------|
| 1     | -      | -      | -        | -        |
| 2     | 22.803 | 31.294 | 1:41.374 | 2:35.470 |
| 3     | 23.397 | 34.064 | 1:51.158 | 2:48.620 |
| 4     | 22.450 | 31.165 | 1:31.510 | 2:25.125 |
| 5     | 51.318 | 30.467 | 1:45.181 | 3:06.966 |
| AVG   | 22.883 | 31.748 | 1:39.355 | 2:36.405 |
| IDEAL | 22.450 | 30.467 | 1:31.510 | 2:24.427 |

**4** Sara Price  
Kawasaki KX 250F

| LAP   | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-------|----------|--------|----------|----------|
| 1     | -        | -      | 1:41.599 | -        |
| 2     | 25.055   | 34.560 | 1:41.584 | 2:41.199 |
| 3     | 22.902   | 34.247 | 1:45.163 | 2:42.312 |
| 4     | 1:32.478 | 33.824 | 1:41.519 | 3:47.821 |
| AVG   | 23.979   | 34.210 | 1:42.466 | 2:41.756 |
| IDEAL | 22.902   | 33.824 | 1:41.519 | 2:38.246 |

**5** Elizabeth Bash  
Honda CRF250R

| LAP   | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-------|----------|--------|----------|----------|
| 1     | -        | -      | -        | -        |
| 2     | 23.695   | 34.074 | 1:43.644 | 2:41.412 |
| 3     | 24.558   | 36.190 | 1:43.381 | 2:44.129 |
| 4     | 1:03.210 | 41.829 | 2:42.419 | 4:27.458 |
| AVG   | 24.126   | 35.132 | 1:43.512 | 2:42.771 |
| IDEAL | 23.695   | 34.074 | 1:43.381 | 2:41.150 |

**6** Vicki Golden  
Yamaha YZ 250F

| LAP   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
|-------|--------|--------|----------|----------|
| 1     | -      | -      | 1:40.794 | -        |
| 2     | 23.432 | 31.174 | 1:41.628 | 2:36.234 |
| 3     | 23.659 | 36.226 | 1:37.455 | 2:37.340 |
| 4     | 26.194 | 33.637 | 2:23.382 | 3:23.213 |
| AVG   | 24.428 | 33.679 | 1:39.959 | 2:36.787 |
| IDEAL | 23.432 | 31.174 | 1:37.455 | 2:32.061 |

**7** Sarah Whitmore  
KTM 250 SX-F

| LAP | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-----|----------|--------|----------|----------|
| 1   | -        | -      | -        | -        |
| 2   | 24.518   | 33.414 | 1:47.457 | 2:45.389 |
| 3   | 2:07.673 | 31.648 | 1:44.391 | 4:23.711 |

**4** 25.411 35.015 1:44.288 2:44.714

|       |        |        |          |          |
|-------|--------|--------|----------|----------|
| AVG   | 25.114 | 33.773 | 1:45.106 | 2:44.939 |
| IDEAL | 24.518 | 31.648 | 1:44.288 | 2:40.454 |

**8** Mariana Balbi  
Yamaha YZ 250F

| LAP   | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-------|----------|--------|----------|----------|
| 1     | -        | -      | 1:59.905 | -        |
| 2     | 24.247   | 35.337 | 1:56.711 | 2:56.294 |
| 3     | 23.755   | 35.785 | 1:39.686 | 2:39.226 |
| 4     | 2:46.206 | 45.479 | 1:50.251 | 5:21.936 |
| AVG   | 24.001   | 35.561 | 1:48.883 | 2:47.760 |
| IDEAL | 23.755   | 35.337 | 1:39.686 | 2:38.778 |

**9** Penni Cyrus  
Kawasaki KX 250F

| LAP   | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-------|----------|--------|----------|----------|
| 1     | -        | -      | 1:51.628 | -        |
| 2     | 25.092   | 33.013 | 1:52.351 | 2:50.455 |
| 3     | 1:17.975 | 35.675 | 1:51.126 | 3:44.777 |
| 4     | 24.381   | 35.295 | 1:45.072 | 2:44.747 |
| AVG   | 24.736   | 34.661 | 1:50.044 | 2:47.601 |
| IDEAL | 24.381   | 33.013 | 1:45.072 | 2:42.465 |

**10** Jacqueline Strong  
Yamaha YZ 250F

| LAP   | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-------|----------|--------|----------|----------|
| 1     | -        | -      | -        | -        |
| 2     | 1:18.360 | 32.231 | 2:47.011 | 4:37.603 |
| 3     | 23.644   | 33.012 | 1:42.375 | 2:39.031 |
| 4     | 24.381   | 32.021 | 1:39.814 | 2:36.216 |
| AVG   | 24.012   | 32.421 | 1:41.094 | 2:37.623 |
| IDEAL | 23.644   | 32.021 | 1:39.814 | 2:35.479 |

**12** Tatum Sik  
Yamaha YZ 250F

| LAP   | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-------|----------|--------|----------|----------|
| 1     | -        | -      | -        | -        |
| 2     | 29.597   | 33.857 | 1:46.776 | 2:50.230 |
| 3     | 1:19.689 | 35.290 | 1:45.631 | 3:40.610 |
| 4     | 24.321   | 35.666 | 1:42.843 | 2:42.830 |
| AVG   | 24.321   | 34.938 | 1:45.083 | 2:46.530 |
| IDEAL | 24.321   | 33.857 | 1:42.843 | 2:41.021 |

**13** Ashley Boham  
Kawasaki KX 250F

| LAP   | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-------|----------|--------|----------|----------|
| 1     | -        | -      | -        | -        |
| 2     | 24.183   | 39.045 | 1:51.242 | 2:54.470 |
| 3     | 1:26.413 | 38.509 | 1:48.314 | 3:53.236 |
| 4     | 24.040   | 38.510 | 1:48.723 | 2:51.273 |
| AVG   | 24.111   | 38.688 | 1:49.426 | 2:52.871 |
| IDEAL | 24.040   | 38.509 | 1:48.314 | 2:50.863 |

**16** Alyssa Fitch  
Kawasaki KX250F

| LAP | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-----|----------|--------|----------|----------|
| 1   | -        | -      | 1:58.273 | -        |
| 2   | 1:19.060 | 39.665 | 1:52.669 | 3:51.394 |

**3** 26.205 40.815 1:52.881 2:59.901

|       |        |        |          |          |
|-------|--------|--------|----------|----------|
| 4     | 27.135 | 43.267 | 1:55.672 | 3:06.074 |
| AVG   | 26.515 | 41.141 | 1:54.475 | 3:01.959 |
| IDEAL | 26.205 | 39.665 | 1:52.669 | 2:58.539 |

**17** Jackie Ives  
Yamaha YZ 250F

| LAP   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
|-------|--------|--------|----------|----------|
| 1     | -      | -      | -        | -        |
| 2     | 24.876 | 37.199 | 2:14.025 | 3:16.100 |
| 3     | 25.372 | 38.029 | 1:46.168 | 2:49.569 |
| 4     | 25.459 | 37.608 | 1:46.893 | 2:49.960 |
| 5     | 25.225 | 37.247 | 1:47.644 | 2:50.115 |
| AVG   | 25.233 | 37.521 | 1:46.902 | 2:56.436 |
| IDEAL | 24.876 | 37.199 | 1:46.168 | 2:48.243 |

**18** Tarah Geiger  
Honda CRF250R

| LAP   | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
|-------|----------|--------|----------|----------|
| 1     | -        | -      | -        | -        |
| 2     | 1:06.229 | 30.364 | 1:36.615 | 3:13.208 |
| 3     | 22.990   | 30.903 | 1:41.917 | 2:35.809 |
| 4     | 24.075   | 31.645 | 1:46.262 | 2:41.982 |
| 5     | 24.343   | 29.447 | 1:39.884 | 2:33.674 |
| AVG   | 23.802   | 30.590 | 1:41.169 | 2:37.155 |
| IDEAL | 22.990   | 29.447 | 1:36.615 | 2:29.051 |

**19** Nicole Madsen  
Yamaha YZ 250F

| LAP   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
|-------|--------|--------|----------|----------|
| 1     | -      | -      | -        | -        |
| 2     | 25.401 | 37.439 | 1:50.755 | 2:53.594 |
| 3     | 26.040 | 36.589 | 1:48.648 | 2:51.277 |
| 4     | 24.907 | 36.895 | 1:49.150 | 2:50.952 |
| 5     | 26.204 | 38.715 | 1:50.916 | 2:55.835 |
| AVG   | 25.638 | 37.410 | 1:49.867 | 2:52.914 |
| IDEAL | 24.907 | 36.589 | 1:48.648 | 2:50.144 |

**20** Hailey Larson  
Yamaha YZ 250F

| LAP   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
|-------|--------|--------|----------|----------|
| 1     | -      | -      | -        | -        |
| 2     | 24.554 | 33.625 | 3:24.997 | 4:23.176 |
| 3     | 43.367 | 37.057 | 1:54.934 | 3:15.358 |
| 4     | 24.476 | 33.330 | 1:40.357 | 2:38.163 |
| AVG   | 24.515 | 34.671 | 1:47.646 | 2:38.163 |
| IDEAL | 24.476 | 33.330 | 1:40.357 | 2:38.163 |

**21** Danielle Sawicki  
Kawasaki KX 250F

| LAP   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
|-------|--------|--------|----------|----------|
| 1     | -      | -      | -        | -        |
| 2     | 25.899 | 39.181 | 1:51.688 | 2:56.768 |
| 3     | 27.432 | 41.415 | 1:51.289 | 3:00.136 |
| 4     | 27.404 | 40.955 | 1:54.044 | 3:02.403 |
| AVG   | 26.912 | 40.517 | 1:52.340 | 2:59.769 |
| IDEAL | 25.899 | 39.181 | 1:51.289 | 2:56.369 |

**P** - lap ended in the pits - lap ended on a red flag

Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session

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**WMX**

**INDIVIDUAL TIMES - WMX PRACTICE 1**

| <b>22</b> Julie Anne Parizek<br>Kawasaki KX 250F |        |        |          |          |
|--------------------------------------------------|--------|--------|----------|----------|
| LAP                                              | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                                | -      | -      | -        | -        |
| 2                                                | 26.028 | 34.895 | 1:50.334 | 2:51.257 |
| 3                                                | 25.648 | 35.582 | 1:49.026 | 2:50.256 |
| 4                                                | 25.221 | 36.056 | 1:46.354 | 2:47.630 |
| AVG                                              | 25.632 | 35.511 | 1:48.571 | 2:49.715 |
| IDEAL                                            | 25.221 | 34.895 | 1:46.354 | 2:46.469 |

| <b>24</b> Tressa Rau<br>Honda CRF250R |        |        |          |          |
|---------------------------------------|--------|--------|----------|----------|
| LAP                                   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                     | -      | -      | 1:49.082 | -        |
| 2                                     | 25.122 | 38.054 | 2:03.355 | 3:06.531 |
| 3                                     | 26.153 | 40.790 | 1:48.834 | 2:55.777 |
| 4                                     | 29.393 | 39.306 | 1:48.205 | 2:56.904 |
| AVG                                   | 26.889 | 39.383 | 1:52.369 | 2:59.737 |
| IDEAL                                 | 25.122 | 38.054 | 1:48.205 | 2:51.381 |

| <b>28</b> Lindsey Scheltema<br>Kawasaki KX 250F |          |        |          |          |
|-------------------------------------------------|----------|--------|----------|----------|
| LAP                                             | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
| 1                                               | -        | -      | -        | -        |
| 2                                               | 24.139   | 34.832 | 1:43.418 | 2:42.389 |
| 3                                               | 1:37.471 | 45.039 | 1:57.350 | 4:19.860 |
| 4                                               | 1:58.936 | 37.401 | 2:05.437 | 4:41.774 |
| AVG                                             | 24.139   | 36.117 | 1:50.384 | 2:42.389 |
| IDEAL                                           | 24.139   | 34.832 | 1:43.418 | 2:42.389 |

| <b>30</b> Lindsey Palmer<br>Honda CRF250R |        |        |          |          |
|-------------------------------------------|--------|--------|----------|----------|
| LAP                                       | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                         | -      | -      | -        | -        |
| 2                                         | 24.358 | 33.752 | 1:46.197 | 2:44.306 |
| 3                                         | 24.345 | 34.743 | 1:43.461 | 2:42.548 |
| 4                                         | 24.012 | 35.705 | 1:43.767 | 2:43.484 |
| 5                                         | 23.678 | 34.682 | 1:42.187 | 2:40.546 |
| AVG                                       | 24.098 | 34.721 | 1:43.903 | 2:42.721 |
| IDEAL                                     | 23.678 | 33.752 | 1:42.187 | 2:39.616 |

| <b>33</b> Samantha Farr<br>Suzuki RM Z250 |        |        |          |          |
|-------------------------------------------|--------|--------|----------|----------|
| LAP                                       | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                         | -      | -      | -        | -        |
| 2                                         | 25.717 | 36.253 | 1:48.078 | 2:50.048 |
| 3                                         | 24.843 | 39.068 | 1:48.139 | 2:52.050 |
| 4                                         | 27.550 | 40.568 | 1:55.376 | 3:03.494 |
| AVG                                       | 26.036 | 38.630 | 1:50.531 | 2:55.197 |
| IDEAL                                     | 24.843 | 36.253 | 1:48.078 | 2:49.174 |

| <b>35</b> Lauren Volentir<br>Kawasaki KX 250F |        |        |          |          |
|-----------------------------------------------|--------|--------|----------|----------|
| LAP                                           | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                             | -      | -      | -        | -        |
| 2                                             | 26.074 | 40.219 | 1:53.890 | 3:00.183 |
| 3                                             | 25.739 | 40.323 | 1:52.536 | 2:58.598 |
| 4                                             | 26.348 | 41.066 | 1:53.152 | 3:00.566 |

|       |        |        |          |          |
|-------|--------|--------|----------|----------|
| AVG   | 26.054 | 40.536 | 1:53.193 | 2:59.782 |
| IDEAL | 25.739 | 40.219 | 1:52.536 | 2:58.494 |

| <b>37</b> Christina Reed<br>Yamaha YZ 250F |        |        |          |          |
|--------------------------------------------|--------|--------|----------|----------|
| LAP                                        | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                          | -      | -      | -        | -        |
| 2                                          | 27.259 | 39.662 | 1:52.217 | 2:59.138 |
| 3                                          | 27.252 | 39.623 | 1:52.659 | 2:59.534 |
| 4                                          | 26.799 | 41.708 | 1:58.878 | 3:07.385 |
| AVG                                        | 27.104 | 40.331 | 1:54.585 | 3:02.019 |
| IDEAL                                      | 26.799 | 39.623 | 1:52.217 | 2:58.639 |

| <b>43</b> Kirsten Raemisch<br>Yamaha YZ 250F |        |        |          |          |
|----------------------------------------------|--------|--------|----------|----------|
| LAP                                          | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                            | -      | -      | -        | -        |
| 2                                            | 24.203 | 35.430 | 1:42.505 | 2:42.138 |
| 3                                            | 23.932 | 34.146 | 1:42.706 | 2:40.785 |
| 4                                            | 23.866 | 34.129 | 1:43.303 | 2:41.298 |
| 5                                            | 24.712 | 45.427 | 1:55.145 | 3:05.284 |
| AVG                                          | 24.178 | 34.568 | 1:45.915 | 2:47.376 |
| IDEAL                                        | 23.866 | 34.129 | 1:42.505 | 2:40.499 |

| <b>51</b> Erica Cook<br>Yamaha YZ250F |        |        |          |          |
|---------------------------------------|--------|--------|----------|----------|
| LAP                                   | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                     | -      | -      | -        | -        |
| 2                                     | 25.411 | 35.996 | 1:49.288 | 2:50.695 |
| 3                                     | 25.762 | 35.575 | 1:46.795 | 2:48.132 |
| 4                                     | 26.074 | 33.487 | 1:48.015 | 2:47.576 |
| 5                                     | 24.360 | 35.251 | 1:42.265 | 2:41.875 |
| AVG                                   | 25.402 | 35.077 | 1:46.591 | 2:47.070 |
| IDEAL                                 | 24.360 | 33.487 | 1:42.265 | 2:40.111 |

| <b>54</b> Alexah Pearson<br>Yamaha YZ250F |        |        |          |          |
|-------------------------------------------|--------|--------|----------|----------|
| LAP                                       | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                         | -      | -      | 1:44.269 | -        |
| 2                                         | 24.614 | 33.265 | 1:40.022 | 2:37.901 |
| 3                                         | 22.974 | 34.119 | 1:40.522 | 2:37.615 |
| 4                                         | 23.081 | 33.559 | 1:41.412 | 2:38.052 |
| 5                                         | 24.578 | 33.561 | 1:41.733 | 2:39.872 |
| AVG                                       | 23.812 | 33.626 | 1:41.592 | 2:38.360 |
| IDEAL                                     | 22.974 | 33.265 | 1:40.022 | 2:36.261 |

| <b>56</b> Brianna Mahon<br>Kawasaki KX 250F |        |        |          |          |
|---------------------------------------------|--------|--------|----------|----------|
| LAP                                         | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                           | -      | -      | -        | -        |
| 2                                           | 29.472 | 39.257 | 1:46.743 | 2:55.471 |
| 3                                           | 25.841 | 38.023 | 1:46.220 | 2:50.085 |
| 4                                           | 24.814 | 37.813 | 1:44.536 | 2:47.162 |
| 5                                           | 24.994 | 38.259 | 1:46.889 | 2:50.142 |
| AVG                                         | 26.280 | 38.338 | 1:46.097 | 2:50.715 |
| IDEAL                                       | 24.814 | 37.813 | 1:44.536 | 2:47.162 |

| <b>57</b> Denaye Giroux<br>Yamaha YZ 250F |        |        |          |          |
|-------------------------------------------|--------|--------|----------|----------|
| LAP                                       | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                         | -      | -      | -        | -        |
| 2                                         | 24.273 | 37.928 | 1:44.427 | 2:46.628 |
| 3                                         | 25.402 | 39.098 | 1:47.172 | 2:51.672 |
| 4                                         | 24.885 | 40.320 | 1:49.237 | 2:54.442 |
| 5                                         | 26.115 | 42.401 | 1:52.764 | 3:01.280 |
| AVG                                       | 25.169 | 39.937 | 1:48.400 | 2:53.505 |
| IDEAL                                     | 24.273 | 37.928 | 1:44.427 | 2:46.628 |

| <b>60</b> Shelby Brittain<br>Kawasaki KX 250F |        |        |          |          |
|-----------------------------------------------|--------|--------|----------|----------|
| LAP                                           | SEG 1  | SEG 2  | SEG 3    | LAPTIME  |
| 1                                             | -      | -      | -        | -        |
| 2                                             | 24.102 | 32.791 | 1:46.817 | 2:43.710 |
| 3                                             | 26.805 | 40.044 | 1:50.473 | 2:57.322 |
| 4                                             | 24.300 | 33.694 | 1:47.968 | 2:45.962 |
| AVG                                           | 25.069 | 33.243 | 1:48.419 | 2:48.998 |
| IDEAL                                         | 24.102 | 32.791 | 1:46.817 | 2:43.710 |

| <b>62</b> Samantha Sisinger<br>Honda CRF250R |          |        |          |          |
|----------------------------------------------|----------|--------|----------|----------|
| LAP                                          | SEG 1    | SEG 2  | SEG 3    | LAPTIME  |
| 1                                            | -        | -      | 2:06.771 | -        |
| 2                                            | 2:41.679 | 40.345 | 1:53.168 | 5:15.192 |
| 3                                            | 27.426   | 41.206 | 1:53.271 | 3:01.903 |
| AVG                                          | 27.426   | 40.776 | 1:57.736 | 3:01.903 |
| IDEAL                                        | 27.426   | 40.345 | 1:53.168 | 3:00.939 |

**P** - lap ended in the pits - lap ended on a red flag

Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session

10:30:50 July 17, 2010

**MX Sports Pro Racing Timing & Scoring Services**

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